



Exercise: Identifying Your Big Rocks

We all fill numerous roles in life: job, friend, son or daughter of God, parent, etc. In the “Big Rocks” below, list six of the most important *current* roles you fill. Once you have the rocks filled in, use the space to the right to create a purpose statement for each role that describes how you would want others to see your involvement there.

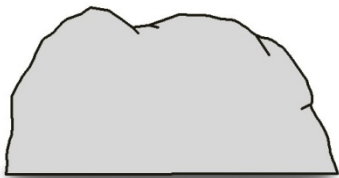














HEAVEN IN BUSINESS

Exercise: Ideal Schedule

Once you have identified your big rocks or priorities take the following weekly schedule and protect what is most important to you. Block out the time for building what you want more of in your life. Remember “If you don’t know and protect your priorities, you will live someone else’s.” For example, if one of your priorities is a friend of God, where does it show in your schedule? What about an author, artist, athlete, entrepreneur....?

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Exercise: Action Plan

“If you do nothing, nothing gets done.” So, what one thing will you do differently this week to live from your priorities and protect that which is most important to you? Remember the definition of being free is “I tell me what to do...and I do it” (Danny Silk). How free are you?
